

Teaching By the First Shangpa Rinpoche

The Triple Gems and the Guru are the protectors of this life of ours, in the intermediate state and the future.

We obtained the rare human body due to our Karma, Aspiration and Interdependent Causes and Conditions. However when the thief-like death comes is unknown, Only positive and negative Karma that follows us after death;

Other than that, not even a single strand of hair follows us after death. One's consciousness is like a feather carried away by the winds. One has to wander into unknown places alone.

The fear and sufferings that are experienced are propelled by a force like that of a river. The karmic manifested messenger leads one along; one is without any choice.



The result of Anger: One is born in the Hell realm and experiences the suffering of extreme heat and cold.

The result of Desire: One is born in the Hungry Ghost realm experiences the suffering of hunger and thirst.

The result of Ignorance: One is born in the Animal realm and experiences the torture suffered by animals.



The First Shangpa Rinpoche

The result of Miserliness: One is born in the Human realm and suffers from birth and death.
The result of Jealousy: One is born in the Demi-God realm and suffers from constant fighting and attacking.

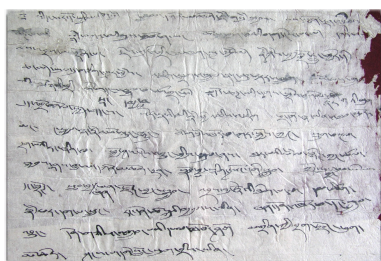
The result of Pride: One is born in the God realm and suffers from down-fall.



Within the three existences of Samsara, wherever we born, There is bound to be extreme suffering. One should be driven by renunciation and understanding the imperfections of Samsara, One should move towards the path of liberation.

One should rely on the Triple Gems and the Guru as a perfect refuge; Observe the teachings on the abandonment of Sins and accumulation of Merits; And always have Bodhichitta as a companion. Follow the advice of benefiting sentient beings by developing enlightenment.

The Vajra Yana is the result of specialized practice, One should observe its commitments (Samaya) carefully. In this way, one will be able to obtain the state of Dharma Kaya for the purpose of oneself And also accomplish the purpose of others which stirs up the pit of Samsara.



I wish that everyone would attain the accomplishment of the two purposes. This is the work by the fingers of I, Shangpa Gelong (which means written by Shangpa Gelong), At the great castle-like cave of Drin.